The annual fall business meeting is now history. We had one of our largest turn outs for a fall business meeting at this year's meeting. The following is a recap of those in attendance:

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<tr>
<td>Members</td>
<td>127</td>
</tr>
<tr>
<td>Speakers &amp; Guests</td>
<td>4</td>
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<tr>
<td>Total Attending</td>
<td>131</td>
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We began the meeting with a presentation on the newly revised 7th edition of the National Commercial & Industrial Insulation Standards. Ray Stuckenschmidt, chairman of the revision committee, provided an overview of the features of the revised manual. Mike McMillin, President of Comput-Ability, in Charlotte, NC, gave a demonstration of how the plates can be used with his MIKE estimating software system to develop a submittal package. Several questions were asked of Mike regarding the submittal aspect of his estimating system. He demonstrated how the user can bring together, in one electronic file, the entire submittal including the manual plates and manufacturers data. The members attending were duly impressed with the new features of the revised standards manual.

The Wednesday afternoon session concluded with three concurrent forums dealing with member issues. There was a union contractor forum, an open shop contractor forum, and an associate member forum, all running simultaneously. Each of the three sessions was well attended. There were some lively discussions in each of the forums.

This format has been used in the past and again proved to be quite effective. It allowed for all members to participate.

The Wednesday evening welcome reception included our fifth annual Table Top Displays of associate members’ products and material literature. This year our table top displays featured our member firms classified as either manufacturers or importers and resellers. Thirty-two of our associate member firms participated in the table top display session. The 90 minute session was very well attended by the members and barely gave the attendees enough time to visit all of the displays. The comments were again very positive from both the displayers and the attendees. We anticipate continuing this format next year.

Our Thursday morning session began with a presentation by Mr. Gary Auman, MICA’s legal counsel. Gary provided the members with an “OSHA & Employment Legislation Update. He highlighted some of the key provisions of the NRLB’s final ruling that requires all employers to notify employees of their rights under the National Labor Relations Act as of November 14, 2011. Private-sector employers whose workplaces fall under the National Labor Relations act will be required to post the employee rights notice where other workplace notices are typically posted. Copies of the posters can be downloaded from the NRLB’s website. Gary informed the members of OSHA’s decision to tighten its penalty structure. He gave a thorough discussion on OSHA’s em-

(Continued on page 4)
PRESIDENT’S MESSAGE

TO: THE MICA MEMBERSHIP

I want to take this opportunity to thank all of the members who attended our annual fall business meeting. We had 130 registered members and speakers for this meeting. In an earlier message, I encouraged you to bring one of your “next generation” employees to the fall meeting so that they can begin to experience MICA. We need to perpetuate the MICA legacy. I was encouraged by the number of “young” people that were in attendance at the meeting. I participated in the merit shop contractors forum, and it was truly a meeting of the “old” and the “new”. We not only had new people from long-time member firms, but we had several new members represented as well. The exchange of ideas and work practices was most rewarding.

We have always believed that if we can get a new member or individual to a MICA meeting, the interchange of ideas and friendships that he or she will experience will demonstrate the benefits of participating in MICA and will bring them back to future meetings. One of my employees wants to become actively involved in the merit shop committee after attending this fall’s meeting. I see this same involvement happening with our labor committee members as well. I was pleased to see one of my fellow St. Louis contractors actively participating in the fall meeting after his attendance at our spring convention.

The associate membership support was in full force at this meeting as well. We had 32 manufacturers and importers/resellers participating in the table top display session. We had two new associate member firms displaying their products and we had a couple of current members participating for the first time. I want to thank our associates for their continued support.

Your Board of Directors wants you to be actively involved in your association. We have tried to reach out to the membership with personal phone calls to find out what MICA can do better for its members. Your response to the Board’s phone calls has been very positive. We are building a list of services and programs that the membership would like to see MICA provide.

These programs and services will come through our committee structure. The safety and environmental committee is in the process of developing a series of “tool box” safety talks written specifically for our industry. These will be available on our website in 2012. This committee continues to support and sponsor the annual “Best Practices in Safety” award. The technical committee has just completed its task of revising the National Commercial & Industrial Insulation Standards manual. For those of you who missed the fall meeting, you are in for a pleasant surprise when the new manual goes on sale next month.

You have an open invitation to participate in MICA. All you need to do is to take that first step and say “yes” I will become active, I will participate. Your next opportunity to say “yes” is in January at our winter committee meetings. Our winter meetings are designed to help us set the plans in motion for the new year. I encourage you to be part of that new year. Please join me and the entire Board at our winter meeting on January 26 to 29, 2012 in Key West, Florida.

Sincerely,
Jeff DeGraaf,
MICA President
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emphasis on fall protection, competent person, and hazard recognition.

The second speaker on Thursday morning was Ms. Janis Lundquist with Lienguard, Inc., in Oak Brook, IL. Janis is founder and President of Lienguard Inc., a national lien, bond and federal claim filing service. She discussed several practical methods of how we can mitigate our business risk with liens. Janis shared several real life stories on the successes and failures of using liens that all of the members could relate to. She distributed a booklet that provides a quick reference for time restrictions applicable in various states. The booklet lists requirements covering mechanic’s liens as well as municipal liens and both municipal and federal bond claims. If you are interested in Janis’ service, you may contact her through her company’s website at www.lienguardinc.com.

Our third speaker was Nick Rebeck. Nick is the founder and principal of Lattice Workshop, a design-fabrication studio located in Omaha. Nick designed the 7th Edition of the MICA Insulation Standards. He provided an excellent presentation on what to expect in future building designs. He provided an overview of the design techniques that are being used and taught in colleges and universities today that will impact the buildings of tomorrow. His theme was “The future in building design is now”. He demonstrated how building information modeling (BIM) is revolutionizing all aspects of building design including mechanical systems.

We followed up on Nick’s presentation with an overview of existing mechanical insulation codes and standards by Darrell Peil. Darrell is with Aeroflex USA. He is serving as the President of the associate members of MICA and sits on the MICA Board of Directors. Darrell is also a member of ASHRAE and ASTM, and serves on several committees within these two organizations. He identified various sections within the ASHRAE, ASTM, International, and the Inter-
national Code Council standards that referenced insulation. He summarized how the ANSI/ASHRAE/IES Standard 90.1 has changed from the 2007 to the 2010 requirements regarding the thickness of insulation on pipes. Darrell’s presentation was most informative.

Our final speaker of the meeting was Rob Beeler with Benefit Source Inc., in Des Moines, Iowa. Rob provided a most informative and educational update on the state of healthcare reform. He squeezed a 90 minute presentation into 45 minutes. I am not sure if he ever took a breath during his presentation. It was all out for 45 minutes! Rob shared with the members his “take” on what could happen to healthcare in the next two years. He explained what should happen based on the healthcare act of 2010. Rob went through the various phase-in provisions of the act. He provided an excellent summary of the new reporting requirements for 2012 and 2013. Rob explained what could happen beginning in 2014 with Health Benefit Exchanges and employer mandates. His presentation is too extensive to cover in this newsletter, but it is worth your time to review his presentation. Rob has provided the MICA office with a copy of his slide presentation and a copy of a more extensive presentation on healthcare reform. Rob asked that we share these two presentations with our members. If you are interested in getting a copy of these slide presentations, please contact the MICA office and we will e-mail you a copy.

The Patient Protection and Affordable Care Act of 2010 is beginning to impact employer and employee healthcare options and is a topic that we need to understand. We hope to have Rob back next fall to give us another installment on this ever changing topic.

We finished the meeting with committee reports and a report on MICA operations by MICA’s Executive Secretary, Tom Shimerda. It was evident by the attendance and participation of our members at the fall business meeting that there truly is benefit from belonging to and participating in MICA. We had many company representatives that were attending their first MICA meeting, and they came away with an appreciation for association membership.

The Board has scheduled its winter meetings for January 26 — 29, 2012, in Key West, Florida. Several of the standing committees will meet on January 27, 2012, in conjunction with the Board meeting. If you are interested in attending any of the committee meetings, please contact the MICA office for complete details.

The 55th annual spring convention was also discussed during the fall meeting. We are looking forward to an exciting and “fun” convention. President Jeff DeGraaf is excited about next year’s meeting in Broomfield, Colorado. The convention is scheduled for June 17 — 20, 2012, at the Omni Interlocken Resort. We are confident that you will find the setting quite luxurious. Be sure to mark your 2012 calendar to include attendance at the 55th annual spring convention of MICA!

ARMACELL INTRODUCES INSULATION MODULE FOR BIM REVIT® 2012

Armacell LLC - A new Building Information Modeling (BIM) module from Armacell will soon have design engineers seeing and designing mechanical insulation in 3-D. Set for release October 31, 2011, this new module allows designers and engineers who use Autodesk® Revit® 2012 Architecture building design software to add mechanical insulation to their designs with one simple command.

The Armacell module, which is available for download at Armacell - BIM Module, (http://www.armacell.us/BIM_Module) incorporates all of the benefits that have quickly made Revit the design tool of choice for the General Services Administration (GSA), the Army Corps of Engineers, general contractors, and an increasing number of state governments. These benefits include:

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(Continued on page 10)
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BOARDS SETS DUES AND ADVERTISING RATES FOR 2012

At its October meeting, the Board of Directors of MICA approved MICA’s operating budget for 2012. In its deliberations, the Board voted not to increase the annual membership dues and advertising rates for 2012. The Board is very cognizant of the current state of the economy and wants to keep MICA affordable to all current and prospective members. This is the second year in a row that the Board has not increased the dues structure.

Contractor member annual dues for 2012 remains at $650.00. The annual dues for associate members is $450.00. The advertising rates have not increased for 2012. Please contact the MICA office for a copy of the 2012 advertising rates. Advertising in the MICA Messen-
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Speakers from the Fall Business Meeting: Top Picture — Rob Beeler with Benefit Source Inc. Bottom Picture — Gary Auman, Dunlevey, Mahan & Furry, at Work.
FUTURE MICA MEETING DATES

2012 Winter Board and Committee Meetings — January 26 & 29, 2012, DoubleTree Grand Key Resort, Key West, Florida.


Fall 2012 Annual Fall Business Meeting — October 17 & 18, 2012, Embassy Suites Downtown, Omaha, NE.

56th Annual Spring Convention — June, 2013, Location to be Determined.

MICA MEMBER ADDRESS/INFO. UPDATES

Be sure to inform the MICA office of any changes or corrections to your listing for either the MICA Directory, email correspondence or mailing address. We try to be as current as possible with your help.
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More Pictures from the Fall Business Meeting: Top Left; General Session attendees. Bottom Left; Associate members at work. Top Right & Bottom; Merit Shop and Labor Committees at work.
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The Board of Directors approved the application for memberships for two new member companies at its October meeting. The newest associate member firm is **ELLIOTT COMPANY OF INDIANAPOLIS**. Elliott Company is located in Indianapolis, Indiana. The company has been in business for 53 years. It is a third generation family owned business that has been manufacturing polyurethane and polyisocyanurate foams from their Indianapolis, IN location since 1963. Elliott Company offers polyisocyanurate foams in 2, 3, 4, and 6 pound densities color coded for ease in identification. In addition, their Elfoam® P200X still is available with an E-84 rating of 25-50. Mike Dale, VP of Marketing, and Dean Oestreich attended the fall business meeting and displayed their products at the table top display session.

Please extend a warm MICA welcome to Mike and Dean and note the following address in your MICA directory:

Elliott Company of Indianapolis  
9200 Zionsville Road  
Indianapolis, IN 46268  
800-545-1213  
Fax # 317-291-1219  
www.elliottfoam.com  
Mike Dale — VP Manufacturing  
Dean Oestreich — Sales & Marketing

The newest contractor member firm is **PRO INSULATION**. Pro Insulation is located in Fort Smith, Arkansas. Since 1979, Pro Insulation has been a licensed contractor in the state of Arkansas, Tennessee, and Louisiana, providing mechanical and piping-system insulation solutions for multiple applications. Their skilled project managers are capable of managing your job from the initial estimate through project completion. With branches in Fort Smith, Conway, and Springdale, they are equipped to handle all the needs of their customers. Depth in resources, talent, and strength allows them to handle most any project throughout the United States for commercial, industrial, power generation, processing and institutional projects.

Heath Chapman, President of Pro Insulation, is delighted to be a member of MICA and plans to attend future MICA meetings. Pro Insulation is a merit shop contracting company. Please extend a warm MICA welcome to Heath and add the following address in your MICA directory:

Pro Insulation  
4414 South 16th Street  
Fort Smith, AR 72901  
479-646-5644  
Fax # 479-646-5654  
www.proinsco.com  
Heath Chapman, President  
hchapman@proinsco.com
MECHANICAL INSULATION SHOWCASED ON CAPITOL HILL

The following is a letter to the NIA membership from Michele Jones, Executive Vice President/CEO of NIA.

Dear Member,

As we prepare to gather for NIA's annual Committee Days meeting in Washington, D.C., we are energized by the progress we're making on Capitol Hill educating legislators about mechanical insulation and the need to incentivize its use beyond the minimum levels required by building codes. On October 25, the first-ever Mechanical Insulation Industry Showcase was held in the Rayburn House Office Building across the street from the Capitol. NIA and the International Association of Heat and Frost Insulators and Allied Workers, through our alliance, brought display materials and insulation samples to illustrate the functions and benefits of mechanical insulation, and the Mechanical Insulation Design Guide (MIDG) Simple Calculators were demonstrated live to show how easily mechanical insulation's benefits can be quantified.

The Showcase was sponsored by House Manufacturing Caucus Co-Chairs Representatives Don Manzullo (R-IL) and Tim Ryan (D-OH), also original cosponsors of the Mechanical Insulation Installation Incentive Act (H.R. 2866/S. 1526). After his introduction by NIA President Alec Rexroat, Rep. Manzullo praised H.R. 2866 and the Montana Insulation Assessment Pilot Program in his welcoming remarks. He pointed out that the bill will “help the commercial and industrial sectors invest in mechanical insulation and create much-needed jobs in one of the hardest-hit industries” and added, “I am proud to have introduced legislation promoting this important energy- and cost-efficient initiative.” To learn more about the House Manufacturing Caucus, get to know its members, and view video of Rep. Manzullo’s speech, http://manzullo.house.gov/HouseMfgCaucus/.

The Showcase was held from 11 a.m. to 2 p.m. in the Foyer of the Rayburn House Office Building and attracted personal appearances by Representatives Altmire (D-PA), Carnahan (D-MO), Green (D-TX), Hahn (D-CA), and Viselosky (D-IN), as well as several Congressional staffers from both the House and Senate. Since these are all very busy people, we are pleased they took time out of their day to come learn about and show support for mechanical insulation. The event also drew supporters from other organizations, including the National Association of Manufacturers (NAM) and the Sheet Metal and Air Conditioning Contractors' National Association (SMACNA).

We are hopeful the Showcase will result in more cosponsors for H.R. 2866/S. 1526, which currently has 23 cosponsors from both parties. After the Showcase, we continued spreading the word about mechanical insulation in meetings with Sen. Durbin (D-IL), Sen. Moran (R-KS), Rep. Rush (D-IL), and Rep. Shimkus (R-IL). NIA President Alec Rexroat also attended these meetings, which were very positive.

In addition to our legislative initiative, we continue to strive to serve our members in immediate ways. On October 20, we held our first member-only webinar, “Summing Up the Financial Value,” which educated members on how they can easily use the MIDG Simple Calculators to demonstrate what mechanical insulation can do for their customers and grow their business even in this challenging economy. The webinar attracted about 50 attendees, one of whom e-mailed afterward, “Terrific! That was the best hour I have had in a while.” Part 2 of the series will be held December 6, 2011, at 2 p.m. Please contact webinar@insulation.org if you’re interested in registering.

I hope you’re joining us at Committee Days next week to hear about these exciting initiatives and all the other work we’re doing to grow the industry. And we look forward to seeing you at the 57th Annual Convention in Scottsdale, Arizona, April 18-21, 2012. Check www.insulation.org/convention for details. This is our industry's moment--don't get left behind!

Regards,

Michele M. Jones, CMP
Executive Vice President/CEO

TOOL BOX SAFETY TALKS AVAILABLE IN 2012

The Safety and Environmental Committee of MICA is developing a series of “Tool Box Safety Talks” designed specifically for our industry. These short talks will be available to the general membership on MICA’s website beginning in 2012. These “talks” will be available on the “Members Only” portion of the website. Be sure to renew your membership in 2012 and have access to these talks. This is just one of the many tangible benefits of belonging to MICA.
7th EDITION OF STANDARDS MANUAL SHOWCASED AT FALL BUSINESS MEETING

The 7th edition of the National Commercial and Industrial Insulation Standards manual was presented to the membership at the annual fall business meeting of MICA. The manual will be available for purchase in November 2011. There have been extensive changes made to the 7th edition and Ray Stuckenschmidt, Chairman of the revision committee, updated the membership on these changes during the meeting. Below are some of the changes in the 7th edition:

- 11 New Plates.
- Vapor Dams added to new plates.
- New formatting of all existing and new plates.
- New formatting of text.
- Completing new Numbering System for the Plates to allow for new plates to be added in the future in a systematic fashion.
- Updated Materials Property Section Including Tables (Tables conform to ASTM Standards).
- Consistency in Establishing Temperature Ranges (For consistency with ASTM, NIA, MIDG temperature ranges).
- Updated and Revised Glossary of Terms.
- Temperature listings are now reversed back to original method [Imperial with Metric in ( )].
- Revised Specification Writing Section.
- Reinsertion of Key Items – Clearances, Scope of Work, etc.

The committee is working diligently to have an electronic version of the manual with interactive plates ready for sale in November as well. Order and pricing information will be published on MICA’s website in November. We will notify the MICA membership by e-mail when the manual is available for purchase.

OSHA PUBLISHES NEW AND REVISED MATERIALS ON WORKER SAFETY AND HEALTH

WASHINGTON – The Occupational Safety and Health Administration recently published new and revised information that explains workers’ and employers’ rights, as well as how to protect workers from hazards in the construction, general and maritime industries. To order free copies of these materials online, visit OSHA’s Publications page at http://www.osha.gov/pls/publications/publication.AthruZ?pType=AthruZ&S, or call OSHA’s toll free number at 800-321-6742.

OSHA’s Small Entity Compliance Guide for Respiratory Protection Standard* provides small businesses with a comprehensive step-by-step guide complete with checklists and commonly asked questions that will aid both employees and workers in small businesses with a better understanding of OSHA’s respiratory protection standard.

It’s the law of the land that workers have a right to a safe workplace. OSHA’s Workers’ Rights* booklet describes the rights to which workers are legally entitled to under the Occupational Safety and Health Act. The booklet covers many topics, including rights provided under OSHA standards, filing a complaint with OSHA, whistleblower protections, and educational and training resources available.

OSHA provides employers with information on their rights and responsibilities following a federal OSHA inspection. The booklet, Employer Rights and Responsibilities*, explains what happens after an inspection, and defines the types of violations for which an employer may be cited as a result of an inspection.

OSHA has also published information to help protect construction, general industry and shipyard workers, and those who work outdoors:

- Laboratory Safety document and fact sheets (http://www.osha.gov/pls/publications/publication.athruz?pType=Industry&pID=117) advise laboratory managers on how to protect their workers from exposure to chemical, biological and physical hazards.
- Aerial Lifts Protect Yourself* details measures employers must take to ensure safe use of aerial lifts by workers required to use this equipment.
- Aerial Lift Fall Protection Over Water in Shipyards* QuickCard lists ways to protect workers using aerial lifts from injuries and death resulting from equipment failure, tip-over, falls and ejection.
- Permit-Required Confined Spaces in General Industry* QuickCard explains what workers should do before entering a confined space, such as an underground vaults, tanks, storage bins, silos or manholes.
- Working Safely in Trenches* QuickCard provides illustrations of protective systems that should be used to prevent worker injuries and death from trench cave-ins.
- Nail Gun Safety* educates construction employers and workers on how to prevent work-related nail gun injuries.
- Protecting Workers from Heat Stress QuickCard* and poster* emphasizes the importance of employers providing workers with water, rest and shade to prevent workers from

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